



ESRAD

European Society for Research in Adult Development

CONFERENCE 2023, May 12th to 14th

Stockwell Street Building, University of Greenwich

Provisional Programme

NB. All times shown as British Summer Time (GMT+1)

FRIDAY 12th May

12pm to 2.30pm - PRE-CONFERENCE WORKSHOP Nick Shannon - Paradox and Dialectical Thinking

2.30pm to 3pm - Break

3.00pm to 3.30pm – Welcome talk

3.30pm – 5.00pm PARALLEL SESSION 1

Session 1A – Qualitative approaches to adult development	Session 6B - Established Adulthood and Gen Z
Jardmo et al. (online) - Creating something new from past experiences - The meaning of change in repeated narratives	Waechter (in person) - Global Gen Z Study (institute4gens.org)
Dalikaite & Robinson (in person) - The experience of seeking medical support to cope with difficulties relating to the menopause transition: A structured thematic analysis	Mehta (online)- Established Adulthood: Development from Ages 30 to 45
Spannari and Koski - Growing wiser with horses? – A qualitative exploration on human-horse relationships	Milova (online) - Life goals, their achievement and identity styles in established adulthood

5.15pm: DRINKS AND CONFERENCE RECEPTION

SATURDAY 13th May

9.15 to 10.45 – PARALLEL SESSION 2

Session 2A – Stage Development and Stage Transitions	Session 2B – Young adults
Stevens (in person) - How does Constructed Development Theory (Stevens, 2020) deal with Stage Transition?	Vleioras & Robinson (online) - Attributes and person types admired by Greek emerging adults: Relative prevalence, differences by gender and socio-economic status
Stalne (online) - Towards a formal theory of perspective taking	Larsson & Frisen (in person) - Knowing Me, Knowing You: A Longitudinal Study of Changes in Parental Representations among Early Adults going through Progressive Identity Development
Schneider (online) - Making Meaning of the Meaning in Our Lives: Qualitative Research on the Relationship Between the Stage of an Adult's Development and their Personal Meaning in Life	Mishra & Sharma (online) - Understanding the role of Adult Attachment & Emotion Regulation in Mental Health among Emerging Adults.

10.45 to 11.15 - break

11.15 to 12.45 – PARALLEL SESSION 3

Session 3A - Leadership	Session 3B - Critical reflection, dialectical thinking and meaning-making
George (online) - Navigating Ambiguity: Researching leadership development in international education	Nicholson (in person) - The Thinking Folk Project: Using Socratic dialogues as a pedagogical construct to develop language and meaning-making
Kjellstrom and DeLauer (online) - The meaning making behind co-production leadership: Navigating conflict, power, and responsibility	Sounoglou and Kalogirou (online) - The prospective educators' development through the critical reflection in the era of the (COVID-19) pandemic
Fabish (online) - The Development of Leadership Development within an organization	Shiyan and Shiyan (in person) - Peculiarities of mastering dialectical structures in scientific content by university students

12.45pm to 2.00pm - Lunch (Provided) + POSTERS

Posters:

Swan & Benack - A dialectical/developmental perspective on person-centred therapy: How does expressed empathy help?

Belolutskaya - Training "City: Opportunities for Heroes": a playful approach to develop the ability to resolve problem situations with a high degree of uncertainty

Lorraine - The Role of Social Support, Meaning and Optimism in Predicting Post-Traumatic Growth Outcomes During the COVID-19 Pandemic

2.00pm to 3.00pm KEYNOTE INTERVIEW with Prof Dan McAdams

3.00pm to 3.15pm – break

3.15pm to 4.45pm - PARALLEL SESSION 4

Session 4A – Qualitative approaches to adult development, continued	Session 4B – Discussion session on wisdom
Robinson & Vasile (in person) - The perceived link between dreams, personal growth, learning and spirituality in adulthood: A qualitative survey	Mascolo (online), Kallio (online) and Reams (in person) – Debating wisdom: There Can be No Psychology of Wisdom without Wisdom in Psychology
Mayhead (in person) - Duty of care in coaching for adult development: A qualitative study	
Jakonen (in person) - The No-Narrative Narrative: Phenomenology of Psychological Suffering and Emancipation	

SUNDAY 14th May

9.15 to 10.45 PARALLEL SESSION 5

Session 5A – Family, friendship and development	Session 5B – Workshop - The Relevance of Yogic Philosophy & Practices to Adult Development Theory
Gyberg et al (in person) - The meaning of family: Deviating from the master narrative in Sweden	McAnallen (in person) - The Relevance of Yogic Philosophy & Practices to Adult Development Theory
Sajjad (online)- Familism Values Flow in Pakistani Intergenerational Families	
Pezirkianidis et al (online) - The role of savoring in the relation between positive adult friendship experiences and wellbeing	

10.45am to 11.15am - *Break*

11.15am to 12.15pm - KEYNOTE LECTURE – Prof Dan McAdams - Good Life Stories in Later Life: Redemption versus Acceptance
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12.30pm to 1.30pm - *Lunch*

1.30pm to 3.00pm: PARALLEL SESSION 6

Session 6A – Learning, Skills and Epistemology	Session 1B – Wisdom symposium <i>Discussant: Wendelin Küpers</i>
Reams & Reams (in person) - Scaling Micro-skill Development	Lucas (online) - Wisdom in Theory and Practice - a German Perspective
Weichbrodt & Willms (in person) - Personal growth at work: A case study on the interconnection of individual and collective learning	Baldan & Sgaramella (in person) - Wisdom and other psychological resources: across adulthood: a quantitative Italian study throughout adulthood
Ouellette-Schramm (online) - Intercultural and Epistemological Development of U.S. Undergraduate Faculty	Kallio et al (online) - Theoretical, philosophical, and empirical approaches to wisdom: research studies in Finland.

3.00pm to 3.30pm - *Break*

3.30pm to 4.30pm PARALLEL SESSION 7

Session 7A – Model of Hierarchical Complexity discussion session and workshop	Session 7B - Integral Art Lab workshop
Commons and Miller (online) - How measuring Hierarchical Complexity can improve your research or practice	Weber-Woissetschlager (online) - Integral Art Lab: Challenges, Motivation and Values - The Trans-Linear Unfolding of Creativity and Consciousness

4.45pm to 5.00pm – ESRAD President and Vice-President: Closing Remarks

Abstracts and full details of speakers and affiliations