



# ESRAD

European Society for Research in Adult Development

**CONFERENCE 2023, May 12<sup>th</sup> to 14<sup>th</sup>**

**Stockwell Street Building, University of Greenwich**

**Provisional Programme**

***NB. All times shown as British Summer Time (GMT+1)***

**FRIDAY 12<sup>th</sup> May**

**12pm to 2.30pm - PRE-CONFERENCE WORKSHOP Nick Shannon - Paradox and Dialectical Thinking**

**2.30pm to 3pm - Break**

**3.00pm to 3.30pm – Welcome talk**

**3.30pm – 5.00pm PARALLEL SESSION 1**

<b>Session 1A – Qualitative approaches to adult development</b>	<b>Session 6B - Established Adulthood and Gen Z</b>
Jardmo et al. (online) - Creating something new from past experiences - The meaning of change in repeated narratives	Waechter (in person) - Global Gen Z Study (institute4gens.org)
Dalikaite & Robinson (in person) - The experience of seeking medical support to cope with difficulties relating to the menopause transition: A structured thematic analysis	Mehta (online)- Established Adulthood: Development from Ages 30 to 45
Spannari and Koski - Growing wiser with horses? – A qualitative exploration on human-horse relationships	Millova (online) - Life goals, their achievement and identity styles in established adulthood

**5.15pm: DRINKS AND CONFERENCE RECEPTION**

## SATURDAY 13<sup>th</sup> May

### 9.15 to 10.45 – PARALLEL SESSION 2

Session 2A – Stage Development and Stage Transitions	Session 2B – Young adults
Stevens (in person) - How does Constructed Development Theory (Stevens, 2020) deal with Stage Transition?	Vleioras & Robinson (online) - Attributes and person types admired by Greek emerging adults: Relative prevalence, differences by gender and socio-economic status
Stalne (online) - Towards a formal theory of perspective taking	Larsson & Frisen (in person) - Knowing Me, Knowing You: A Longitudinal Study of Changes in Parental Representations among Early Adults going through Progressive Identity Development
Schneider (online) - Making Meaning of the Meaning in Our Lives: Qualitative Research on the Relationship Between the Stage of an Adult's Development and their Personal Meaning in Life	Mishra & Sharma (online) - Understanding the role of Adult Attachment & Emotion Regulation in Mental Health among Emerging Adults.

### 10.45 to 11.15 - break

### 11.15 to 12.45 – PARALLEL SESSION 3

Session 3A - Leadership	Session 3B - Critical reflection, dialectical thinking and meaning-making
George (online) - Navigating Ambiguity: Researching leadership development in international education	Nicholson (in person) - The Thinking Folk Project: Using Socratic dialogues as a pedagogical construct to develop language and meaning-making
Kjellstrom and DeLauer (online) - The meaning making behind co-production leadership: Navigating conflict, power, and responsibility	Sounoglou and Kalogirou (online) - The prospective educators' development through the critical reflection in the era of the (COVID-19) pandemic
Fabish (online) - The Development of Leadership Development within an organization	Shiyan and Shiyan (in person) - Peculiarities of mastering dialectical structures in scientific content by university students

### 12.45pm to 2.00pm - Lunch (Provided) + POSTERS

#### Posters:

*Swan & Benack - A dialectical/developmental perspective on person-centred therapy: How does expressed empathy help?*

*Belolutskaya - Training "City: Opportunities for Heroes": a playful approach to develop the ability to resolve problem situations with a high degree of uncertainty*

*Lorraine - The Role of Social Support, Meaning and Optimism in Predicting Post-Traumatic Growth Outcomes During the COVID-19 Pandemic*

**2.00pm to 3.00pm KEYNOTE INTERVIEW with Prof Dan McAdams**

**3.00pm to 3.15pm – break**

**3.15pm to 4.45pm - PARALLEL SESSION 4**

<b>Session 4A – Qualitative approaches to adult development, continued</b>	<b>Session 4B – Discussion session on wisdom</b>
Robinson & Vasile (in person) - The perceived link between dreams, personal growth, learning and spirituality in adulthood: A qualitative survey	Mascolo (online), Kallio (online) and Reams (in person) – Debating wisdom: There Can be No Psychology of Wisdom without Wisdom in Psychology
Mayhead (in person) - Duty of care in coaching for adult development: A qualitative study	
Jakonen (in person) - The No-Narrative Narrative: Phenomenology of Psychological Suffering and Emancipation	

## SUNDAY 14<sup>th</sup> May

### 9.15 to 10.45 PARALLEL SESSION 5

<b>Session 5A – Family, friendship and development</b>	<b>Session 5B – Workshop - The Relevance of Yogic Philosophy &amp; Practices to Adult Development Theory</b>
Gyberg et al (in person) - The meaning of family: Deviating from the master narrative in Sweden	McAnallen (in person) - The Relevance of Yogic Philosophy & Practices to Adult Development Theory
Sajjad (online)- Familism Values Flow in Pakistani Intergenerational Families	
Pezirkianidis et al. - The role of savoring in the relation between positive adult friendship experiences and wellbeing	

### 10.45am to 11.15am - *Break*

<b>11.15am to 12.15pm - KEYNOTE LECTURE – Prof Dan McAdams - Good Life Stories in Later Life: Redemption versus Acceptance</b>
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### 12.30pm to 1.30pm - *Lunch*

### 1.30pm to 3.00pm: PARALLEL SESSION 6

<b>Session 6A – Learning, Skills and Epistemology</b>	<b>Session 1B – Wisdom symposium</b> <i>Discussant: Wendelin Küpers</i>
Reams & Reams (in person) - Scaling Micro-skill Development	Lucas (online) - Wisdom in Theory and Practice - a German Perspective
Weichbrodt & Willms - Personal growth at work: A case study on the interconnection of individual and collective learning	Baldan & Sgaramella (in person) - Wisdom and other psychological resources: across adulthood: a quantitative Italian study throughout adulthood
Ouellette-Schramm (online) - Intercultural and Epistemological Development of U.S. Undergraduate Faculty	Kallio et al (online) - Theoretical, philosophical, and empirical approaches to wisdom: research studies in Finland.

### 3.00pm to 3.30pm - *Break*

**3.30pm to 4.30pm PARALLEL SESSION 7**

<b>Session 7A – Model of Hierarchical Complexity discussion session and workshop</b>	<b>Session 7B - Integral Art Lab workshop</b>
Commons and Miller (online) - How measuring Hierarchical Complexity can improve your research or practice	Weber-Woissetschlager (online) - Integral Art Lab: Challenges, Motivation and Values - The Trans-Linear Unfolding of Creativity and Consciousness

**4.45pm to 5.00pm – ESRAD President and Vice-President: Closing Remarks**